

MULTIVERSE



PLAYBOOK



SLIPSTREAM



RESHAPE



CARDS



Are you creating your future... Or is your future creating you?

The only certainty we have about the future is that it is uncertain. The strongest skills you can develop are the ability to move through fear and navigate the unknown.

Do you get pulled and distracted away from your centre?

In KaiFlow you will remember and reconnect to your truth, intuition and instinct. You can recreate, shape and surf the waves of your life, aligning your thoughts, words, senses and actions with what is important to you.

The KaiFlow practice is a martial art for your mind, flow for your body and creativity for your spirit. An artistic and physical practice to recreate your life.

PLAYBOOK



RECONNECTION

IMMERSION

Be coached by Bodhi Eira Jones, the founder of KaiFlow - a personal and social innovation company with 20 years' experience working with CEOs, leaders, creatives, entrepreneurs, artists, innovators and change makers.

The KaiFlow experience is a set of techniques, practice and applied methodology that reconnects you to creating and reshaping your life. This is structured over a nine-week period.

You will be given the tools and the playbook to create and shape a creative project, a change of direction or a recreation of any or all areas of your life. We call this Your Game.

“This program, this way of thinking, has connected the creativity that I have always had and used to make my work, with every element in my life. It has opened my eyes to the power of this creativity as a tool – and for me that has changed everything. Being able to channel something that I love and understand, and see how vital and powerful it is as a tool, is hands down the most useful thing I have learnt in my 4 decades on earth so far.” – Designer and Creative Director



Kai - Reconnection

Unlayer your story and rewrite and reshape your world from the inside out.



Flow - Immersion

Learn science based Flow tools and techniques. You will immerse in the flow state and emerge newly.

Are you ready to move through fear to interrupt your predictable path?

Our players report 'awakening creative capacity'... 'realising value' ... 'peace with everything flowing'...

Personal Playbook Experience Structure

THREE WEEK PREPARATION:

- Profile: Fill in your personal profile - where you are in all areas of your life.
- Clearing: Clear your space, physically and mentally, and create a Guiding Principle.

TWO WEEK SET-UP:

- Kai Session (two and a half hour coaching session): Create and shape your game.
- Flow Session (two and a half hour coaching session): Learn tools and techniques for aligning in your personal flow.

SIX WEEK PRACTICE:

- Six themed weeks with daily practices and weekly thirty-minute (1-2-1) or one hour (with group) coaching sessions.

COMPLETION:

- Completion Session (two hour coaching session) - Integration and Acknowledgement.

In the 1-2-1 experience, you will work exclusively with our founder Bodhi Eira Jones.

In the group experience, you will be in the sessions with other players. They will be playing their own games and you will hold space for each other.

The Playbook is a place for you to return to your creativity and flow and remember who you are.



Player Price in Group Experience

£2,520

£1,985

Special Bingham Riverhouse Member Price

Reconnect to being an agent of creation.

PLAYBOOK

